

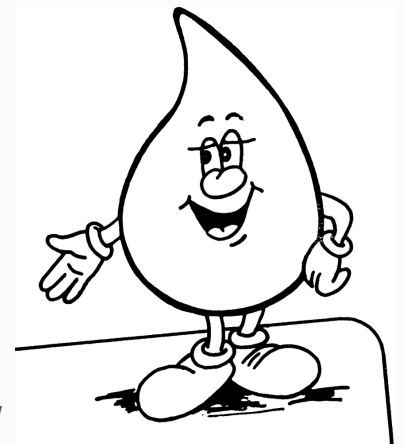


TREEPEOPLE

Make a Rainstorm!

To make the sounds of a rainstorm, have as many people as possible do the actions below, moving from one person to the next. Once you have the different steps down, do it all again with your eyes closed! You can hear and imagine a rainstorm beginning, building up, storming, and then slowly becoming a gentle rain again, until it stops.

1. Rub hands together
2. Snap fingers
3. Clap hands
4. Slap thighs
5. Stomp feet
6. Slap thighs
7. Clap hands
8. Snap fingers
9. Rub hands together
10. Hands on lap



We want to share your rainstorm!

Post to your social media and tag us at [treepeople_org](https://www.treepeople.org) #greenquarantine

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